

Further to your booking with us we must ask you to read the following carefully. There is important information in this document that you must be aware of before your stay.

COVID-19

You must not visit us if you have any of the following symptoms or have been in contact with someone who has exhibited these symptoms.

Coronavirus disease (COVID-19) is an infectious disease. The coronavirus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes.

Symptoms and illness

The main symptoms of coronavirus are:

- **high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least one of these symptoms. **If you have symptoms of coronavirus infection, however mild, you must not visit Orestone Manor. You also must not visit if you have been in close contact with someone who has developed these symptoms.**

Current NHS guidelines for checking symptoms and the requirements for self-isolation can be found here: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Information you need to know before you visit us

Firstly thank you for your booking and for supporting us. We are a small independent family owned hotel and we very much look forward to welcoming you to the Orestone.

We request that all guests continue to wear face masks or visors in public areas of the hotel, to protect other guests and our staff some of whom have not yet received their second COVID vaccinations. Our staff will still be wearing masks or visors.

We are still adhering to social distancing in order to reduce the risk of transmission and protect our staff and other customers. Please help us by being mindful of other people's space.

Please arrive on time for your table. We need to control the numbers of guests in the premises at any one time and allow our staff time to continue to adhere to COVID secure protocols.

We also ask that if you cannot make your table reservation you let us know as soon as possible so that we can offer the table to another guest. Since we have reduced capacity and higher staffing needs, we need to be able to fill every table.

Please do contact us before you arrive should you require any further information.

We are doing everything possible to manage the risk of transmission but please be aware that the only way to make sure there is no risk is not to enter public spaces. You must make your own decision on whether you take this risk based on your own health and how risk-adverse you are.

Again, we thank you for your support and your understanding.

The D'allen family